

# TSV HABITZHEIM

## Hallenbelegung Sport



Stand: 01.02.2026

|                   | 09:00                                                  | 10:00                                                                       | 11:00                                        | 15:00                                       | 16:00                                                           | 17:00                                                   | 18:00                                       | 19:00                                                        | 20:00                                                       |
|-------------------|--------------------------------------------------------|-----------------------------------------------------------------------------|----------------------------------------------|---------------------------------------------|-----------------------------------------------------------------|---------------------------------------------------------|---------------------------------------------|--------------------------------------------------------------|-------------------------------------------------------------|
| <b>Montag</b>     |                                                        | 9:30 - 10:30<br>Krabbeltturnen<br>Aileen Rapp<br>Ankatrin & Patrick Schmidt |                                              | 15:00 - 16:00<br>Ballsport<br>Daniel Hofer  | 16:00 - 17:00<br>Ballsport<br>Daniel Hofer &<br>Johanna Lickert | 17:00 - 18:00<br>Ballsport<br>Jasmin Lortz              |                                             | 18:30 - 19:30<br>Rückenfitness<br>Olga Vouitchik             | 19:30 - 20:30<br>Zumba<br>Irene Heinrich<br>Olga Vouitchik  |
| <b>Dienstag</b>   | 08:00 - 09:30<br>Schule                                |                                                                             |                                              | 14:15 - 15:45<br>Schule - Sport AG          |                                                                 | 17:00 - 18:15<br>Jumping Erwachsene<br>Yvonne Pennemann |                                             | 19:15 - 20:15<br>strong nation<br>Irene Heinrich             |                                                             |
| <b>Mittwoch</b>   |                                                        | 10:00 - 11:30<br>Schule                                                     |                                              |                                             |                                                                 | 17:00 - 18:15<br>Jumping Erwachsene<br>Yvonne Pennemann |                                             | 18:30 - 19:30<br>Gymnastik 60 plus<br>Katrin Schlegelmilch   | 19:30 - 20:30<br>Jeder Mensch Gymn.<br>Katrin Schlegelmilch |
| <b>Donnerstag</b> |                                                        | 10:00 - 11:30<br>Schule                                                     |                                              |                                             |                                                                 |                                                         | 18:00 - 19:30<br>Volleyball<br>Michael Kinz | 19:30 - 20:30<br>Pilates<br>Esther Schneider &<br>Andrea Haß | 20:30 - 22:00<br>Tennis<br>Oktober bis April                |
| <b>Freitag</b>    | 08:00 - 11:30<br>Schule                                |                                                                             |                                              | 14:00 - 18:00<br>Tennis / Oktober bis April |                                                                 | 18:00 - 19:00<br>Seniorengymnastik<br>Heidi Domack      |                                             |                                                              | 20:00 - 22:00<br>Männer                                     |
| <b>Samstag</b>    | 09:00 - 09:30<br>strong nation<br>Irene / Lea Heinrich | 09:30 - 10:00<br>Zumba Fitness<br>Irene / Lea Heinrich                      | 10:30 - 14:30<br>Tennis<br>Oktober bis April |                                             |                                                                 |                                                         |                                             |                                                              |                                                             |
| <b>Sonntag</b>    |                                                        |                                                                             |                                              |                                             |                                                                 |                                                         |                                             | 19:30 - 20:30<br>MGV<br>Village Voices                       |                                                             |